## **EVVY SHAPERO, MA**

#### 12401 WILSHIRE BLVD. SUITE 306 LOS ANGELES, CA 90025 310.207.2995

<b>PATIENT INFORMATION</b>					
Please use <b>BLUE</b> or <b>BLACK</b> ink a Patient's Name:			SS#	Sex:	☐ Male ☐ Female
Date of Birth:	Age:				
Home Address:					
Home Phone: ()	Cell Phone: (	)	Occ	upation:	Student
Employer (School, if student):		_ School P	hone: (	)	
School Address:					
E-mail Address:	· · · · · · · · · · · · · · · · · · ·	_ Fax (_	)		
SPOUSE'S INFORMATION					
Spouse's Name:		SS#		Date of Birth:	Age:
Spouse's Occupation/Employer:			_Address:		
RESPONSIBLE PARTY					
Responsible Party:		SS#		Date of Birth:	Age:
Home Address:					
Home Phone: ()					<del> </del>
Employer:		Work Pl	ione: (	)	
Employer Address:	· · · · · · · · · · · · · · · · · · ·	Driver's	License No.:	· 	
Marital Status: Single Married	☐ Separated ☐ Divorced	☐ Widowed			
REFERRAL SOURCE					
Referral Source					
Referral Address				Phone#	
Do we have permission to release i	nformation to the referring	g professional v	hen it is app	oropriate?	
<b>FEES CHARGED:</b> Unless oth no-shows or less than a 24 hour less than 24 hours.					
Signature of Responsible Party (re	equired):				

# CHILD/TEEN INTAKE QUESTIONNAIRES

Parents, in order for us to be able to fully evaluate your child or teenager, please fill out the following intake form and questionnaires (as they pertain to your child) to the best of your ability. We realize there is a lot of information and you may not remember of have access to all of it; do the best you can.

Main purpose of the consul	tation: (Please give a brief summary of the main problems)	
Why did you seek the evalue	ation at this time? What do you want this clinic to do for your chuld, yourself or your family?	
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#### PAST AND PRESENT PSYCHIATRIC MEDICATIONS

We included a detailed list of most psychiatric medication on pages 4-5 to be used as a reference.

- 1. The name of the medication
- 2. The mg, dose
- 3. The amount of tablets or mg you took in one day
- 4. The approximate dates taken preferably in sequential order
- 5. Whether the medicine worked well, worked partially, or did not work at all
- 6. Any side effects or adverse effects from the medication

Date Taken	<b>Medication</b> (Individual or Combinations) Dosage(s) and time(s) taken per day	Effectiveness	Side-Effects / Problems
Example: 3/2000 - 12/2005	Example: Ritalin 5mg BID, Prozac 10mg QAM	Example: Improved concentration in morning, still moody	Example: Very unfocused and hyperactive in evenings; dry mouth

#### MEDICATION REFERENCE LIST

**ADD Medications** 

	ADD	viculcations	
Adderall / Adderall XR 4 amphetamine salts	Concerta	Cylert	Daytrana
	methylphenidate	<i>pemoline</i>	methylphenidate transdermal
Desoxyn methamphetamine HCL	Dexedrine dextroamphetamine	Dexedrine Spansules dextroamphetamine	Dextrostat dextroamphetamine
Focalin	Focalin XR dexmethylphenidate hydrochloride	Intuniv	Metadate
dexmethylphenidate		guanfacine	methylphenidate
Metadate CR	Methylin	Provigil	Ritalin
methylphenidate hydrochloride	methylphenidate	<i>modafinil</i>	methylphenidate
Ritalin LA	Ritalin SR	Strattera	Vyvanse
methylphenidate	methylphenidate	atomoxetine	lisdexamfetamine

Antidepressants

		intracpi cosanto	
Anafranil clomipramine hcl	Asendin	Celexa	Cymbalta
	amoxapine	citalopram	duloxetine HCl
Desyrel	Effexor/Effexor XR	Elavil	Eldepryl
trazodone	venlafaxine	amitriptyline	selegiline HCl
EMSAM selegiline transdermal system	Lexapro	Ludiomil	Luvox
	escitalopram	maprotiline	fluvoxamine
Marplan	Nardil	Norpramin	Pamelor
isocarboxazid	phenelzine	desipramine	nortriptyline
Parnate tranylcypromine	Paxil/Paxil CR paroxetine	Pristiq desvenlafaxine extended release	Prozac fluoxetine
Remeron	Serzone	Sinequan	Surmontil trimipramine
mirtazapine	nefazodone	<i>doxepin</i>	
Tofranil	Vivactil	Wellbutrin/Wellbutrin SR or XL bupropion	Zoloft
imipramine	protripfyline		sertaline

**Anti-Anxiety Medications** 

	-	Timilety interactions	
Ativan	BuSpar	Klonopin	Librium
lorazepam	buspirone	clonazepam	<i>chlordiazepoxide</i>
Serax	Tranxene	Valium	Visatril
oxazepam	clorazepate	diazepam	<i>hydroxyzine</i>
Xanax alprazolam			

#### **Mood Stabilizers**

Depakene	Depakote	Dilantin	Donnatal
valproic acid	divalproex	phenytoin	<i>phenobarbital</i>
Gabitril	Keppra	Lamictal	Lithium/Eskalith
tigabine	levetiracetam	lamotrigine	lithium carbonate
Lyrica	Neurontin	Tegretol/Carbatrol Tegretol XR carbamazepeine	Trileptal
pregablin	gabapentin		oxcarbazepine
Topamax topiramate	Zonegran zonisamide		

**Anti-Tic Hypertensive Medications** 

That The Hypertensive intententions			
Catapres	Inderal	Tenex	
clonidine	propranolol	guanfacine	

	Anti-	-Psychotic Medications	
Abilify aripiprazole	Clozaril clozapine	Geodon ziprasidone HCl	Haldol <i>haloperidol</i>
Invega paliperidone	Loxitane loxapine	Mellaril molindone	Moban molindone
Navane thiothixene	Orap pimozide	Prolixin fluphenazine	Risperdal risperidone
Serentil mesoridazine	Seroquel quetiapine	Stelazine trifluoperazine	Symbyax olanzapine/fluoxetine HCl
Thorazine chlorpromazine	Trilafon perphenazine	Zydis olanzapine	Zyprexa olanzapine
	N	Iovement Disorders	
Artane trihexyphenidyl	Benadryl diphenhydramine	Cogentin benztropine	Symmetrel amantadine
	Memory	/ Alzheimer's Medications	
Aricept donepezil HCl	Exelon revastigmine tartrate	Namenda memantine	Reminyl - now Razadyne ER galantamine HBR
		Sleep Aid	•
Ambien/Ambien CR zolpidem tartrate	Dalmane flurazepam	Desyrel trazodone	Doral quazepam tablets
Halcion triazolam	Lunesta zopiclone	ProSom estazolam	Restoril temazepam
Rohypnol flunitrazepam	Rozerem ramelteon	Sonata zaleplon	
		Weight Loss	
Fenfluramine fenfluramine hydrochloride	Meridia sibutramine hydrochloride monohydrate	Phentermine phenethylamine	
		Sexual Dysfunction	
Cialis tadalafil	Levitra Cardenafil HCl	Viagra sildenafil citrate	
	М	igraine Medications	
Amerge naratriptan	Axert almotriptan malate	Esgic plus butalbital / acetaminophen	Fioricet butalbital / acetaminophen
Fiorinal aspirin / butalbital / caffeine	Frova frovatriptan succinate	Imitrex sumatriptan succinate	Maxalt rizatriptan benzoate
Replax eletriptan hydrobromide	Zomig zolmitriptan		
		Pain Medications	
Avinza morphine sulfate extended release	Darvocet propoxyphene	Darvon propoxyphene	Fentanyl fentanyl citrate
Kadian morphine sulfate extended release	Oxycontin oxycodone	Percocet oxycodone HCl/APAP CII	Percodan aspirin / hydrocodone
Roxanol morphine sulfate	Vicodin hydrocodone		
,	•	_ • L	

## PRIOR ATTEMPTS TO CORRECT PROBLEMS/PRIOR PSYCHIATRIC HISTORY Please indicate if you have attempted the following treatment: Psychiatrist □ Neurologist Cardiologist □ Alternative/Holistic/Naturopathic (include type) Therapy (include type and duration) Psychiatric Inpatient Hospitalization (if multiple attempts include overall duration) Outpatient Treatment Program (if multiple attempts indicate overall duration) □ Other Please list any prior diagnoses: MEDICAL HISTORY Current medical problems/medications: Current supplements/vitamins/herbs:\_\_\_\_ Past medical problems/medications: Past supplements/vitamins/herbs: Name of Primary Care Physician: Date of last physical exam: Present Height \_\_\_\_\_ Present Weight \_\_\_\_ Present Waist Size \_\_\_\_ Date started last menstrual period: Please indicate if you have a history of the following: □ Seizure or seizure like activity

Loss of consciousness (describe):
Head trauma (describe, list date or approximate age):

Stitches on face or head (describe):

□ Periods of spaciness or confusion

ConcussionWhiplash

6

CURRENT LIFE STRESSES (please list current factors that are a source of stress in the family)
FAMILY HISTORY
Family Structure (who lives in the current household with the child, please give relationship to the child):
Significant Developmental Events (include marriages, separations, divorces, deaths, traumatic events, losses, etc.)
Current Marital Situation/Satisfaction of Parents
Biological Mother's History: Living; Age Deceased; Age Cause of death  Marriages Highest Level of Education: Occupation:  Learning problems Behavior problems Behavior problems Medical Problems (include heart problems, sudden death, congenital disorders)
Has mother ever sought psychiatric treatment?  Yes No If yes, for what purpose?  Patient's mother's alcohol/drug use history
Have any of your mother's blood relatives ever had any learning problems or psychiatric problems including such things as alcohol/drug abuse, depression, anxiety, suicide attempts, or psychiatric hospitalizations? (specify)
Biological Father's History: Living; Age Deceased; Age Cause of death
Has father ever sought psychiatric treatment?   Yes   No   If yes, for what purpose?
Patient's father's alcohol/drug use history
Have any of your father's blood relatives ever had any learning problems or psychiatric problems including such thing as alcohol/drug abuse, depression, anxiety, suicide attempts, or psychiatric hospitalizations? (specify)

	r's History (indicate which)		
			_Occupation:
Learning problems		Behavior problems	
Medical Problems (included)	de heart problems, sudden de	ath, congenital disorder	rs)
Has step/adoptive mother	ever sought psychiatric treat	tment? Yes No	If yes, for what purpose?
Step/adoptive mother's al	cohol/drug use history		
<b>Step or Adopted Father</b>	's History (indicate which):		
Age Marriages	Highest Level of Education	on:	Occupation:
Learning problems		Behavior problems	
Medical Problems (included)	de heart problems, sudden de	ath, congenital disorder	rs)
Has step/adoptive father	ever sought psychiatric treatn	ment? Yes No_	If yes, for what purpose?
Step/adoptive father's alc	ohol/drug use history		
Patient's siblings (name	s, ages, problems, strengths, 1	relationship to patient)	
CHILD'S DEVELOPM	ENTAL HISTORY		
<b>Prenatal events:</b>			
Parents' attitude toward p	regnancy		
Pregnancy complications	(bleeding excess vomiting	medication infections	x-rays, smoking, alcohol/drug use,
etc	(orecame, excess vointing,	medication, infections,	A rays, smoking, arconording use,
Birth and Postnatal per	iod:		
Birth weightLengt	hLabor duration	Delivery: vaginal	C sectionProblems Time in hospital
APGAR scores (if known	ı) Any jaundice	e? Yes No	Time in hospital
Complications?			_
Mother's health after do	elivery if yes, how long?		
Post Partum Depression?	II yes, now long?		
Primary caretaker for othereafter	child, first year		
Diet History:			
•	eaned Age bottle-feeding	ng was weaned	
	diet mostly healthy or unhea		
Any food allergies/sensit	ivities? 🔲 Yes 🔲 No J	If yes, please list:	
Are you currently on a re	stricted diet (i.e. vegetarian, l	high protein only, etc)?	
Yes No If yes	s, please list restrictions:		
			results:
			results:
	r day (i.e. coffee, soda, tea, cl		
How many days a week of	lo you eat fruits?	vegetables?	breakfast?

How many times a day do you eat?	
What is your typical eating schedule?	
Do you drink 8 glasses of water per day? Yes No	
Would you consider yourself to be over or underweight?  What is your ideal weight?  How long have you struggled with weight issues?	
How long have you struggled with weight issues?	
What weight loss measures have you tried?	
That weight loss incusares have you tried.	
Sleep Behavior:	
Any problems falling asleep?	
Any problems staying asleep?	
Any problems waking up?On average, how many hours do you sleep per night?	
Any history of sleepwalking, recurrent dreams, sleep apnea, heavy snoring, or sleep bruxism (grinding your	
Any history of sleepwalking, recurrent dreams, sleep apnea, neavy shoring, or sleep bruxism (grinding your	
teeth)?	
Conquestions from mother and/or fathers ago direction reaction to	
Separations from mother and/or father: age, duration, reaction to	
<b>Toilet training:</b> age reached bowel control: day night bladder control: day night	
Toilet training: age reached bowel control: day night bladder control: day night methods used ease current function	
Sexual development: gender identity	
any problems?	
Physical/Savual Abusa	
Physical/Sexual Abuse:	
<b>Motor development:</b> (please write in age, parentheses are approximate normal limits)	
rolls over (3-5m) sit without support (5-7m) crawls (5-8) walks well (11-16m) ru	ns
rolls over (3-5m) sit without support (5-7m) crawls (5-8) walks well (11-16m) ru well (2y) throws ball overhand (4y)	
current level of activity/exercise fine and gross motor coordination compared to peers	
fine and gross motor coordination compared to peers	
I	
Language development: (please write in age, parentheses are approximate normal limits)	
several words besides dada, mama (1y) name several objects-ball, cup (15m) 3 words togethersubject, verb, object (24m) vocabulary articulation comprehension	
compared to neers	
compared to peers any current problems	
Social development: (please write in age, parentheses are approximate normal limits) smile (2m) shy with strangers (6-10m) separates from mother easily (2-3y) cooperative play with others (4y) quality of attachment to mother quality of attachment to father relationships to family members apply near internations	
shy with strangers (6-10m) separates from mother easily (2-3y) cooperative play with others (4y)	
quality of attachment to mother quality of attachment to father	
relationships to family members	
earry beer interactions	
current peer interactions	
special interests/hobbies	
Rehavioral/Discipline: compliance vs. non-compliance	
lying/stealing rule hreaking methods of discipline	
Behavioral/Discipline: compliance vs. non-compliance lying/stealing rule breaking methods of discipline other problems	
Emotional development: early temperament	

ood fears/phobias			
habite			
special objects (blankets, dolls, etc.)	ability to express of feelings		
Ever Any Legal Problems? (including traf	fic violations)		
Drug/Alcohol History:			
School History: current grade	school contact		
1	average grades		
homework problems specific learning disabilities			
strengths			
what have teachers said about the child/teen	1		
Overall Strengths as viewed by parents	3		
Overall Strengths as viewed by the chil	d/teen		

	Children's Problems Checklist™				
J	ohn A. Schinka, Ph.D.				
	Child's Name		Age		
	Male	Female	Date	,	_
	On the following pa	<b>DIREC</b> ages you will find a list of proble	CTIONS  ms which parents commo	nlv face in raising a child	1.
	This list surveys e  Read the list care next to each statem your child has. Cir you feel are the mo	motions, habits, school, attitude fully and make a check () nent that describes a problem role those statements which est important problems at this to review the list as objective-	EXA  42 is afraid to as  43 tries to be too	wur child's life.  MPLE  k other children to play  much like other childre	
	If your child has pr tom of the last pag	oblems which are not listed on ge. Your responses will only be	44 always tries to the following pages, plea discussed with your doc	se write them on the bo	t-

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#### Check all problems which apply—Circle the most important.

EMOT/:			
	frequently seems anxious or tense		ms withdrawn or spends a lot of time alone
	cries easily or often	18 nee	ds too much affection
	worries a lot	19 is u	ncomfortable with affection
	is overly dependent	20 doe	s not respond to affection
	needs to be reassured frequently	21 is to	oo concerned with cleanliness
	feelings are easily hurt	22 is to	oo neat and orderly
	frequently seems sad or depressed	23 is s	uspicious
	feels guilty too easily or too often	24 acts	s too mature for age
9	feels inferior	25 wor	ries about getting sick
10	is easily embarrassed	26 has	unusual beliefs
	has strong fears	27 see:	s or hears things that others do not
	has many fears		oo involved with certain thoughts or ideas
	refuses to sleep alone		trouble relaxing
14	seems uncomfortable in new situations	30 see	-
15	is afraid to show anger	31 repe	eats certain behaviors over and over again
16	is easily upset		s often about death or injury
SEL/18			
33	is self-critical	42 is af	fraid to ask other children to play
34	overreacts to small mistakes		s to be too much like other children
35	acts inferior to other children		ays tries to please others
36	is always a follower, never a leader		ot interested in learning
	gives up easily	46 is no	
38	is pessimistic	47 neve	
39	worries about making mistakes		s not give best effort
40	has little self-confidence		ears to be uninterested
41	always gives in to other children	50 is to	
PE/PL/1	18		
51	is not friendly to other children	60 will r	not play alone
52	bullies other children		s not compromise with other children
53	hurts or teases other children	62 is a	poor loser in games
54	does not share with other children		petes too hard in games
55	does not get along with children the same age		friends who are a bad influence
56	is teased a lot by other children		no hobbies or interests
	is not liked by other children	66 is sh	
58	has trouble making friends		cially immature
	has few friends		friends that are mainly of the opposite sex
CH/14		***	,
	does not finish homework	76 is co	nsidered a problem child in school
	does not like school		equently late to school
71	does not get along with children at school	78 skips	
72	does not get along with teachers		rently gets sick in school
73	needs too much attention from teachers	80 gets	
74	is a discipline problem at school	81 is an	
	blames teachers for problems in school		remedial or special education classes

Continue on next page ►

## Check all problems which apply—Circle the most important.

LANG/T	HINK/20		
83	refuses to talk	93	frequently daydreams
84	uses baby talk	94	does not have good common sense
85	misnames things	95	becomes confused easily
86	has trouble understanding instructions	96	is too involved in fantasies
87	forgets things	97	has an overactive imagination
88	has a poor memory	98	has trouble with reading
89	has trouble with time and date	99	has trouble with spelling or writing
90	has a poor sense of direction	100	has trouble using tools
91	has trouble knowing right from left	101	talks too fast
92	has trouble understanding puzzles and games	102	stutters or stammers
ON/OF	RG/10		
03	does not pay attention	108	has trouble getting organized
04	is easily distracted	109	has trouble planning activities
05	has trouble finishing projects	110	loses interest quickly
106	cannot finish game or puzzle	111	changes mind often
107	acts impulsively	112	has difficulty following rules
CT/MC	0/16		
113	is uncoordinated	121	is frequently hurt or injured
114	frequently drops or breaks things	122	is restless
	bumps into things	123	has trouble sitting still at dinner
116	is clumsy		is always climbing or running
117	has trouble throwing or catching a ball		has tics or twitches
	is neither strongly right or left handed	126	has unexpected movements of arms or legs
119	is overactive		has trouble with balance
120	has a lot of accidents	128	seems listless or lacks energy
3EH/34			
29	often interrupts adults or children	146	threatens to hurt self
30	is uncooperative	147	frequently sulks or pouts
131	frequently argues or disagrees	148	is demanding
132	is disobedient	149	manipulates others
33	refuses to listen	150	plays with matches or fire
34	is stubborn	151	swears or uses bad language
35	is resentful	152	wishes to be opposite sex
36	is secretive	153	likes to dress like opposite sex
137	is too aggressive	154	has been involved in vandalism
38	has a bad temper	155	smokes, drinks, or uses drugs
	always has to have own way		is too interested in sex
40	threatens to run away from home	157	is in trouble with police
41	intentionally breaks things		is defiant
42	is cruel to animals	159	is irresponsible
	often brags or boasts		does not complete chores
	is a show-off		does not respond to punishment
45	threatens to hurt others		has a bad reputation

Continue on next page ▶

## Check all problems which apply—Circle the most important.

VAL/14		
163	frequently lies	170 is unappreciative
164	cheats at games	171 is unaware of other children's feelings
165	takes or uses other children's toys	172 does not know right from wrong
166	steals things from children or adults	173 ignores rules
167	blames others for mistakes	174 is disrespectful of authority
168	takes advantage of others	175 does not keep agreements
169	does not feel guilty after misbehaving	176 has poor sense of loyalty
HAB/16		
177	has problem with bedwetting	185 has episodes of sleepwalking
178	soils underwear	186 is overweight
179	_ does not wash	187 is underweight
180	does not brush teeth	188 is a messy eater
181	_ sleeps poorly	189 eats only a few favorite foods
182	is frequently tired	190 eats dirt or other non-food material
183	_ has frequent nightmares	191 is not concerned with appearance
184	_ has trouble getting to sleep	192 has poor manners
HEA/10		
193	_ is often sick or ill	198 often complains of being ill
194	_ has allergies	199 seems to enjoy being sick
195	_ has asthma	200 uses sickness to avoid chores or school
196	_ has frequent headaches	201 frequently vomits
197	_ has frequent stomach aches	202 has problems with bowel movements

List any other problems your child might have.

#### CHILD/TEEN BRAIN SYSTEM CHECKLIST

Please rate your child/teen on each of the symptoms listed below using the following scale. If practical and/or possible, to give us the most complete picture, have the child/teen (Ch/Tn) rate himself or herself. Please list who filled this out. 1 3 NA Never Rarely Occasionally Frequently Very Frequently Not Applicable/Not Known Ch/Tn Parent Failing to give close attention to details or making careless mistakes Having trouble sustaining attention in routine situations (e.g., homework, chores, paperwork) 3. Having trouble listening 4. Failing to finish things Having poor organization for time or space (such as a backpack, room, desk, paperwork) 5. Avoiding, disliking, or being reluctant to engage in tasks that require sustained mental effort 7. Losing things 8. Being easily distracted 9. Being forgetful 10. Having poor planning skills 11. Lacking clear goals or forward thinking 12. Having difficulty expressing feelings 13. Having difficulty expressing empathy for others 14. Experiencing excessive daydreaming 15. Feeling bored 16. Feeling apathetic or unmotivated 17. Feeling tired, sluggish or slow moving 18. Feeling spacey or "in a fog" 19. Feeling fidgety, restless or trouble sitting still 20. Having difficulty remaining seated in situations where remaining seated is expected 21. Running about or climbing excessively in situations in which it is inappropriate 22. Having difficulty playing quietly 23. Being always "on the go" or acting as if "driven by a motor" 24. Talking excessively 25. Blurting out answers before questions have been completed 26. Having difficulty waiting for turn 27. Interrupting or intruding on others (e.g., butting into conversations or games) 28. Behaving impulsively (saying or doing things without thinking first) 29. Worrying excessively or senselessly 30. Getting upset when things do not go your way 31. Getting upset when things are out of place 32. Tending to be oppositional or argumentative 33. Tending to have repetitive negative thoughts 34. Tending toward compulsive behaviors (i.e., things you feel you *must* do) 35. Intensely disliking change 36. Tending to hold grudges 37. Having trouble shifting attention from subject to subject 38. Having trouble shifting behavior from task to task 39. Having difficulties seeing options in situations 40. Tending to hold on to own opinion and not listen to others 41. Tending to get locked into a course of action, whether or not it is good 42. Needing to have things done a certain way or else becoming very upset 43. Others complaining that you worry too much 44 Tending to say no without first thinking about the question

45. Tending to predict fear

	Experiencing frequent feelings of sadness
 47.	Having feelings of moodiness
48.	Having feelings of negativity
 49.	Having low energy
<del></del> 50.	Being irritable
 <del></del> 51.	Having a decreased interest in other people
	Having a decreased interest in things that are usually fun or pleasurable
	Having feelings of hopelessness about the future
	Having feelings of helplessness or powerlessness
	Feeling dissatisfied or bored
 56	Feeling excessive guilt
 <sub>57</sub>	Having suicidal feelings
	Having crying spells
	Having lowered interest in things that are usually considered fun
	Experiencing sleep changes (too much or too little)
	Experiencing appetite changes (too much or too little)
 	Having chronic low self-esteem
 	Having a negative sensitivity to smells/odors
	Frequently feeling nervous or anxious
	Experiencing panic attacks
 ——65.	
——60.	Symptoms of heightened muscle tension (such as headaches, sore muscles, hand tremors, etc.)
 ——6º	Experiencing periods of a pounding heart, a rapid heart rate, or chest pain
 <u>08.</u>	Experiencing periods of troubled breathing or feeling smothered
 ——09.	Experiencing periods of dizziness, faintness, or feeling unsteady on your feet
 $\frac{70}{71}$	Experiencing periods of dizziness, faintness, or feeling unsteady on your feet Feeling nausea or having an upset stomach Experiencing periods of sweating, hot flashes, or cold flashes
 /1.	Experiencing periods of sweating, hot flashes, or cold flashes
 $\frac{12}{72}$	Tending to predict the worst
13.	naving a real of dying of doing something crazy
 ${75}^{/4.}$	Avoiding places for fear of having an anxiety attack
 $\frac{13.}{76}$	Avoiding conflict  Expressively fearing heine indeed an continued by others
 $\frac{70}{77}$	Excessively fearing being judged or scrutinized by others  Having persistent phobias
 ——//·	Having persistent phobias  Having law metivation
 ——/o.	Having avagaive metivation
 $\frac{19}{20}$	Having low motivation  Having excessive motivation  Experiencing tics (either motor or yocal)
 60.	Experiencing ties (cities inotor or vocar)
	Having poor handwriting
	Being quick to startle  Having a tendency to frace in anyiety proveling cityetians
 	Having a tendency to freeze in anxiety-provoking situations
	Lacking confidence in own abilities
	Feeling shy or timid
	Being easily embarrassed
	Being sensitive to criticism  Piting fingerpoils or picking at skip
	Biting fingernails or picking at skin  Having a short five or experiencing periods of extreme irritability.
	Having a short fuse or experiencing periods of extreme irritability
	Having periods of rage with little provocation Often misinterpreting comments as negative when they are not
	Finding that own irritability tends to build, then explodes, then recedes, often being tired after a rage
	Having periods of spaciness and/or confusion  Experimental and/or for for no specific reason
	Experiencing periods of panic and/or fear for no specific reason  Experiencing visual and/or auditory changes, such as seeing shadows or hearing muffled sounds
	Experiencing visual and/or auditory changes, such as seeing shadows or hearing muffled sounds Having frequent periods of <i>deja vu</i> (that is, feelings of having already been somewhere you've never been)
	Being sensitive or mildly paranoid  Experiencing headaches or abdominal pain of uncertain origin
	Experiencing headaches or abdominal pain of uncertain origin  Having a history of a head injury or family history of violence or explosiveness
	Having a history of a head injury or family history of violence or explosiveness
	Having dark thoughts, ones that may involve suicidal or homicidal thoughts  Experiencing periods of forgetfulness or memory problems
 101.	Experiencing periods of forgetfulness or memory problems

# LEARNING DISABILITY CHILD/TEEN SCREENING QUESTIONNAIRE

Please have the child or teen rate themselves on each of the symptoms listed below using the following scale. If there are questions not appropriate to age put NA. Also, please have another person who knows the child/teen well (such as a parent, tutor or teacher) rate the child/teen as well. List other person\_\_\_\_\_

0 Never		1 Rarely	2 Occasionally	3 Frequently	4 Very Frequently	NA Not Applicable/Not Know
Ch/Tn	Parent	/Other	Ž		, I	
Readi	19					
	$-\frac{1}{2}$	I am a poo	or reader. ke reading.			
	$\frac{2}{3}$ .	I make mi	istakes when reading	g like skipping w	ords or lines.	
	4.	I read the	same line twice.			
			blems remembering		though I have read	all the words.
			letters when I read (		and and doa)	
	— ½.	My eyes h	etters in words when nurt or water when I	reading (such as	god and dog).	
	$\frac{6}{9}$ .	Words ter	nd to blur when I rea	id.		
	10.	. Words ter	nd to move around t	he page when I re	ad.	
	11	. When rea	ding I have difficult	y understanding t	he main idea or idea	ntifying important details
<b>XX</b> 7 •4•		from a st	ory.			
Writin		I have "m	essy " handwriting.			
	1.0					
	$\frac{13}{14}$	. I prefer pi	rint rather than writi	ng in cursive.		
	15	. My letters	s run into each other	or there is no spa	ace between words.	
	16	. I have tro	uble staying within	lines.		
	$-\frac{17}{10}$	. I have pro	oblems with gramma	ir or punctuation.		
	$\frac{18}{19}$	. I am a poo I have tro	or spener. while conving off the	hoard or from a	nage in a hook	
	$-\frac{10}{20}$	. I have tro	rint rather than writing run into each other uble staying within oblems with gramma or speller.  uble copying off the uble getting thought	ts from my brain	to the paper.	
	21	. I can tell	a story but cannot w	rite it.	r	
Body A	Awaren	ess/ Spatia	al Relationships			
	22.	. I have tro	uble with knowing 1			
			uble keeping things		or coloring within lin	nes.
	$\frac{24}{25}$	. I tend to b	be clumsy, uncoording	nated.		
	$\frac{23}{26}$	. I have uii I have dif	ficulty with eye han ficulty with concept	a cooramanon. s such as un dow	n over or under	
	$\frac{20}{27}$	. I tend to b	neurty with concept nump into things wh	en walking.	n, over or under.	
				Č		
<u>Oral F</u>		ve langua		10' 1		
			ficulty expressing m		anyvaraations	
			uble finding the righ uble talking around			nversations
		. I nave tro	dole talking around	a subject of gettin	ig to the point in con	iivoisations.
Recep	tive lan					
			uble keeping up or u			
			misunderstand people			versations.
			uble understanding uble telling the direct			
			uble filtering out ba		iiiig iiviii.	

## **GENERAL SYMPTOM CHECKLIST**

Parents please rate your child or teen on each of the symptoms listed below using the following scale. If possible, to give us the most complete picture, have the child or teen rate him/herself as well. For young children it may not be practical to have them fill out the questionnaire. Use your best judgment and do the best you can.

0		1	2	3	4	NA				
Never		Rarely	Occasionally	Frequently	Very Frequently	Not Applicable/Not Known				
Ch/Tn	Parent	t								
			pressed or being in	a sad mood						
		2. Not having as much interest in things that are usually fun								
			ing a significant cha	•	-					
			current thoughts of		11					
	<u>5</u> .	Experienc	ing sleep changes, s	such as a lack of	sleep or a marked in	crease in sleep				
	6.	Having fee	elings of low energy	y or tiredness	_	_				
	7.	Having fee	elings of being wort	thless, helpless, h	opeless or guilty					
	8.	Playing al	one or being sociall	y withdrawn						
			ng made to cry							
			bad or negative thou							
			riods of an elevated	-						
			riods of a very high							
			riods of decreased i							
					ssure to keep talking					
					om one subject to an	other				
			ily distracted by irre							
			marked increase in a							
			ing cyclic periods o							
				•	ly anxious or nervou	S				
			riods of trouble bre							
		• •	eriods of feeling dizz	•						
			riods of heart pound riods of trembling,							
					/trouble, or choking					
			intense fear of dyir		ritouble, of choking					
			onfidence in one's a							
		-	ots of reassurance							
		•	be perfect							
		•	arful and/or anxious	S						
		. Being shy								
			ily embarrassed							
		-	sitive to criticism							
		_	gernails or chews cl	othing						
			refusing to go to sc							
	35	. Having an	excessive fear of in	nteracting with of	ther children or adult	ts				
	3	6. Having	a persistent, exces	sive fear (e.g.,	of heights, closed s	spaces, specific animals, etc.).	Please list:			
	37	. Being exc	essively anxious ab	out separation fro	om home or from the	ose to whom you're attached.				
	38	Having re	current hothersome	thoughts ideas	or images that you tr	v to ignore				
						ame thought over and over				
		_	ing excessive or ser		51165, Or Having the St	and mought over and over				
					or get "stuck" on the	same thoughts				

4	2. Having compulsive behaviors that you must do or else you feel very anxious, such as excessive hand washing,
	cleaning, checking locks, or counting or spelling
	3. Needing to have things done a certain way or else you become very upset
	14. Experiencing recurrent and upsetting thoughts of a past traumatic event (molestation [sexually
	inappropriate touching], an accident, a fire, etc.). Please list:
	5. Experiencing recurrent distressing dreams of a past upsetting event
	6. Having a sense of reliving a past upsetting event
	7. Spending effort avoiding thoughts or feelings related to a past trauma
	8. Feeling that your future is shortened
	9. Being quick to startle
	). Feeling like you're always watching for bad things to happen
	1. Refusing to maintain body weight above a level that most people consider healthy
	2. Intensely fearing gaining weight or becoming fat even though underweight
	3. Having feelings of being fat, even though you're underweight
	4. Experiencing recurrent episodes of eating large amounts of food
	5. Feeling a lack of control over eating behavior
	6. Engaging in activities to eliminate excess food, such as self-induced vomiting, laxatives,
5'	strict dieting, or strenuous exercise 7. Being overly concerned with body shape and weight
	8. Experiencing involuntary physical movements and/or motor tics (such as eye blinking, shoulder shrugging, head
	jerking or picking). How long have motor tics been present?  How
	often?
	Please describe:
50	9. Experiencing involuntary vocal sounds and/or verbal tics (such as coughing, puffing, blowing, whistling,
	swearing). How long have verbal tics been present?  How often?
	Please describe:
60	D. Behaving in a repetitive, seemingly driven motor manner (e.g., hand-shaking or waving, body-rocking, head-
	banging, mouthing of objects, self-biting, picking at skin or bodily orifices, hitting own body) that interferes with
	normal activities or results in self-inflicted bodily injury that requires medical treatment (or would result in an
	injury if preventive measures were not used).
<i>C</i> .	1. Eliminating faces in incorpropriate places (e.g., elething or floor)
	1. Eliminating feces in inappropriate places (e.g., clothing or floor). 2. Bed wetting. If present, how often?
	3. Being unable to speak in specific social situations (in which there is an expectation for speaking, e.g.,
0.	at school) despite speaking in other situations.
64	4. Experiencing delusional or bizarre thoughts (thoughts you know others would think are false)
	5. Experiencing visual hallucinations, seeing objects or images are not really present
	6. Hearing voices that are not really present
	7. Behaving in an odd manner
	3. Having poor personal hygiene and/or grooming
	9. Being in an inappropriate mood for a given situation (e.g., laughing at sad events)
	). Frequently feeling that someone or something is out to hurt you
7	1. Having problems with social relatedness before the age of 5, either by failing to respond appropriately
	to others or becoming indiscriminately attached to others
	•
72	2. Having multiple changes in caregivers before the age of 5
	3. Stealing behavior
74	4. Bullying, threatening, or intimidating others
	5. Initiating physical fights
	6. Being cruel to animals
7′	7. E-main - athens into thin - athens do not seem to do (
	7. Forcing others into things they do not want to do (sexually or criminally)
	3. Setting fires  9. Being destructive to property

 80. Breaking another person's home, school, car, or place of business
 81. Lying behavior
 82. Staying out at night despite parental prohibitions
83. Running away overnight
84. Cutting school (truancy)
85. Not seeming sorry for hurting others
 86. Behaving in a negative, hostile, or defiant way
 87. Losing temper
 88. Arguing with adults
 89. Actively defying or refusing to comply with adults' requests or rules
 90. Annoying people deliberately
 91. Blaming others for own mistakes and/or misbehavior
 92. Being touchy or easily annoyed by others
 93. Being angry and/or resentful
 94. Behaving spitefully or vindictively
 95. Having an impairment in communication as manifested by at least one of the following (please circle all that
 apply):
<ul> <li>A delay in, or total lack of, the development of spoken language (not accompanied by an attempt to compensate</li> </ul>
through alternative modes of communication such as gesture or mime)
<ul> <li>In individuals with adequate speech, a marked impairment in the ability to initiate or sustain a conversation with</li> </ul>
others
A repetitive use of language or odd language  A laste of control of control of the line of the line of the language of th
• A lack of varied, spontaneous make-believe play or social imitative play appropriate to developmental level
 96. Having an impairment in social interaction, with at least two of the following (please circle all that apply):
• A marked impairment in the use of multiple nonverbal behaviors such as eye-to-eye gaze, facial expression, body
postures, and gestures to regulate social interaction
A failure to develop peer relationships appropriate to developmental level
• A lack of spontaneous seeking to share enjoyment, interests, or achievements with other people (e.g., by a lack of
showing, bringing, or pointing out objects of interest)
A lack of social or emotional reciprocity
 _ 97. Showing repetitive patterns of behavior, interests, and activities, as manifested by at least one of
following (please circle all that apply):
• A preoccupation with an area of that is abnormal either in intensity or focus
A rigid adherence to specific, nonfunctional routines or rituals
• Any repetitive motor mannerisms (e.g., hand or finger flapping or twisting, or complex whole-body movements)
<ul> <li>A persistent preoccupation with parts of objects</li> </ul>
98. Stuttering
 99. Feeling tired during the day
 100. Feeling cold when others feel fine or they are warm
 101. Often feeling warm when others feel fine or they are cold
 102. Having problems with brittle or dry hair
 103. Having problems with dry skin
 104. Having problems with sweating
 105. Having problems with chronic anxiety or tension
 _ 100. 11m, 11m pri onto minion, or vention